DENVER ALTERNATIVES

MENTAL HEALTH

Colorado Crisis Services (24/7)

Mental health and substance use crisis phone/text line 1-844-493-8255; Text 'Talk' to 38255 http://coloradocrisisservices.org

Denver Health Mobile Crisis (24/7)

Mobile crisis unit for mental health and substance use crisis 1-844-493-8255

Mental Health Center of Denver (Mon - Fri)

Long term mental health care for youth, families, individuals (303) 504-7900; AccessCenter@mhcd.org; http://mhcd.org

TransLifeline (24/7)

National hotline run by trans folks for trans folks in crisis 877-565-8860; http://translifeline.org

SUBSTANCE USE

Harm Reduction Action Center (Mon-Fri) Syringe exchange; Narcan/Naloxone

(303) 572-7800; http://harmreductionactioncenter.org

Access Point (call for hours)

Syringe exchange; Narcan/Naloxone; Fentanyl strips (303) 837-1501; https://www.facebook.com/accesspointdenver/

LifePoint Denver (call for hours)

Syringe exchange/delivery; Narcan/Naloxone; Fentanyl strips (720) 385-6898 (call or text)

http://instagram.com/lifepointdenver; http://viventhealth.org

COMPREHENSIVE RESOURCES

Mile High United Way (24/7)
Multilingual resource support including food, clothing, homelessness, housing, mental health, substance use, and immigration

Dial 211; https://www.211colorado.org/

National database for local resources like food, homelessness, legal aid, employment, education, and more http://auntbertha.com

Denver Public Schools

Support with food, homelessness, utilities, and mental/physical health Connect with your school (counselor, principal, teacher) or contact the FACE department: (720) 423-3054

FOOD ACCESS

Hunger Free Colorado Hotline (Mon - Fri)

Hotline for public and private food assistance in the callers area Local: (720) 382-2920; https://www.hungerfreecolorado.org/

Metro Caring (Mon - Fri)
Food bank with access to case management (303) 860-7200; https://www.metrocaring.org/

SAME Cafe (Mon - Sat, 11am - 2:30pm)

Donation based meals, can volunteer time for meal; Vegetarian/vegan friendly Phone: (720) 530-6853

DOMESTIC VIOLENCE + SEXUAL ASSAULT

The Blue Bench (24/7)

Advocacy, case mangement, and free-low cost therapy to survivors of sexual assault (303) 322-7273; http://thebluebench.org

Safehouse Denver (24/7)

Domestic violence services including emergency shelter, counseling and advocacy center, and extended stay program (303) 318-9989; http://safehouse-denver.org

Rose Andom Center (Mon - Fri)

Domestic violence case management, advocacy, and civil or criminal legal support (720) 337-4400; http://roseandomcenter.org/

The Initiative (Mon - Fri)

Advocacy, legal support, and community referrals for individuals with disabilities who have experienced abuse (303) 839-5510; Text: (720) 503-9580 https://theinitiativecolorado.org

HOMELESSNESS

St. Francis Day Center (Mon - Fri, 6am - 6pm) Drop in center with storage, case management, hygiene, health clinic (303) 297-1576; http://www.sfcdenver.org

The Gathering Place (Mon - Fri) Drop-in center for women, transgender

individuals, and their children; meals, case management, hygiene (303) 321-4198 or (303) 321-0679; http://tgpdenver.org

Urban Peak Youth Shelter (24/7) Shelter for youth (15-21); Meals, case management, housing referrals Phone: (303) 974-2908; http://urbanpeak.org

Urban Peak Youth Drop in Center (Mon - Fri)

Drop-in center for youth (18-25); Meals, case management, daily programming, and referrals (303) 974-2900

Stout Street Health Center/Colorado Coalition for the Homeless (Mon - Fri)

Mental, physical, dental, and vision health; connections to case management and housing (303) 293-2220; http://coloradocoalition.org

HOPE Drop in Center (Mon - Fri)

Drop-in center for HIV+ individuals who are experiencing homelessness; food, hygiene, laundry, phone/computer access (303) 832-3354; http://instagram.com/hopeindenver

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